
The Surrendered Life

Surrendering My Junk

*New Hope Community Church
Dr. Jack Bracy, July 22, 2018*

God Wants Me to Discipline Myself for Godliness

“... all people... are under the power of sin. As the Scriptures say, “No one is righteous— not even one. No one is truly wise; no one is seeking God. All have turned away; all have become useless. No one does good, not a single one.”” **Romans 3:9–12, NLT**

“... train yourself to be godly. Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.” **1 Timothy 4:7–8, NLT**

To Discipline Myself for Godliness, I Have to Divest Myself of
These and Invest Myself in This

Why Don't More Christians Exercise Self Discipline?

Self-Discipline:

1. Prepares Me for Greater Things

“If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won't be honest with greater responsibilities.” **Luke 16:10, NLT**

2. Keeps Me Healthy – More Able

“I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.” **1 Corinthians 9:27, NLT**

3. Increases My Focus and Productivity

“Lazy people want much but get little, but those who work hard will prosper.” **Proverbs 13:4, NLT**

4. Is Costly

“Because we have these promises, dear friends, let us cleanse ourselves from everything that can defile our body or spirit. And let us work toward complete holiness because we fear God.” **2 Corinthians 7:1, NLT**

Self Discipline Requires Putting Off Self Gratification
for A Higher Goal

“For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.” *2 Timothy 1:7, NLT*

“But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!” *Galatians 5:22–23, NLT*

I Stop Focusing on Who or Where I Am Now and Start
Plugging in To God's Plan

Self Discipline Grows Out of a Life of Faith

“¹**Therefore**, since we are surrounded by such a huge crowd of witnesses to **the life of faith**, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. ² We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.”

Hebrews 12:1–2, NLT

1. I Start a Walk of Faith *1a*

“for we walk by faith, not by sight.” *2 Corinthians 5:7, ESV*

“But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.” *Isaiah 40:31, NLT*

2. I Use the Word & Prayer to Determine What's Important *1b*

“throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes.” *Ephesians 4:22–23, NLT*

3. Running Alone Is Harder Than Running with Friends *1c*

4. I Keep My Eye on The Prize *2a*

5. I Chose to Believe It Will Be Worth It! *2b*