
Caring – Focusing on Those That Matter the Most: Healing Broken Relationships

*New Hope Community Church
Dr. Jack Bracy, May 21, 2017*

I Create the Type of Relationships I Want

The More Emotionally Immature I Am the More Likely I Am to Act Out, Rather Than to Act in Ways That Make My Relationships Better

What If You Said, “Son It Looks Like Your Hurting,
Would You Be Willing to Talk About It?”

People Do Not Respond Well to Being Overpowered but They
Are Attracted to People Who Demonstrate Caring

Who Holds the Power in the Relationship?

One Up

One Down

“that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue declare that Jesus Christ is Lord, to the glory of God the Father.” *Philippians 2:10–11, NLT*

“For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many.” *Mark 10:45, NLT*

What Is Jesus “Mind” In This Passage?

To Serve Others

To Give His Life Away

I Serve Jesus Best When I Give My Life Away to Others

It's Seldom About Right or Wrong but Rather How Can I Help You Heal

How to Have a Healing Conversation (H E A L)

1. HEAR

“Everyone must be quick to listen, but slow to speak and slow to become angry.” *James 1:19, TEV*

Open Your Heart and Take Down Your Defenses

2. EMPATHIZE

“Jesus wept.”

John 11:35, ESV

Stop Being a Jerk and Move Towards Them In Compassion

“Don’t do anything from selfish ambition or from a cheap desire to boast, but be humble towards one another, always considering others better than yourselves.” *Philippians 2:3, TEV*

3. ACT

“Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.” *James 5:16, NLT*

Caring Actions Create a Positive Cycle of Behavior

4. LOVE

“Love your enemies and do good to them; lend and expect nothing back. You will then have a great reward ... Be merciful just as your Father is merciful.”

Luke 6:35–36, TEV

I Do Not Have to Be Good at Expressing My Emotions
To Be Good at Unconditional Love

For Some, the Greatest Act of Love You Can Give Is Forgiveness.
For Others, it is Repentance