
Transformational Change: Habits for Change

*New Hope Community Church
Dr. Jack Bracy, January 1, 2017*

If I Could Change Anything About Myself I Would Change _____

“For I know the plans I have for you,” says the Lord. “They are plans for good and not for disaster, to give you a future and a hope.” *Jeremiah 29:11, NLT*

“Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.” *James 1:17, NLT*

“Jesus Christ is the same yesterday, today, and forever.” *Hebrews 13:8, NLT*

This God Accepts Me Where I Am, But He Is
Never Content to Leave Me There

“Do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind. Then you will be able to know the will of God—what is good and is pleasing to him and is perfect.” *Romans 12:2, TEV*

If God Could Create Any Change in Me, He Would Change: _____

We Tend to Resist Change Because...

It's Never a Question of Whether I Can Be Different

When I Refuse to Have A “Change” Mindset, I Find Myself
Quenching the Spirit of God

“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit.” *1 Thessalonians 5:16–19, ESV*

How Has Satan Fooled Me into Setting Limits on What God Can Do?

“Jesus [said,] “This is impossible for human beings, but for God everything is possible.” *Matthew 19:26, TEV*

I Start by Building Good Habits

Habit: A usual manner of behavior, or a behavior pattern acquired by frequent repetition

Good Habits Create Positive Change,

Bad Habits Create Negative Change

1. I Learn to Think Like God Thinks
2. I Learn to Say What He Says
3. I Learn to Choose What He Wants Over What I Want

“We are not like Moses, who put a veil over his face so the people of Israel would not see the glory, even though it was destined to fade away. But the people’s minds were hardened, and to this day whenever the old covenant is being read, the same veil covers their minds so they cannot understand the truth. And this veil can be removed only by believing in Christ. Yes, even today when they read Moses’ writings, their hearts are covered with that veil, and they do not understand. But whenever someone turns to the Lord, the veil is taken away. For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.” *2 Corinthians 3:13–18, NLT*

God Wants Me To:

1. Agree with Him
2. Take Responsibility for My Actions
3. Humble Myself and Ask for His Help

Where Do I Begin?

1. Daily Quiet Time
2. Daily Bible Reading Plan
3. Weekly Participation in Bible Study / Community Group
4. Weekly Participation in Corporate Worship

The More I Immerse Myself in Spiritual Things, I Am Empowering
the Possibility of Change in My Life

